

Monday: Practice 6:00 PM- 7:15 PM

Wednesday: Practice 6:00 PM-7:15 PM

Sunday: There is a tournament at Roncalli High School. If you would like to wrestle, please sign up on Trackwrestling.com. Most of our coaches will be coaching at Middle School State on Sunday. We will try to have a few coaches at Roncalli pending on numbers.